



राष्ट्रीय सामाजिक सुरक्षा अनुसंधान एवं प्रशिक्षण अकादमी  
NATIONAL ACADEMY FOR TRAINING & RESEARCH IN SOCIAL SECURITY

कर्मचारी भविष्य निधि संगठन (श्रम एवं रोजगार मंत्रालय, भारत सरकार)

Employees' Provident Fund Organisation  
(Ministry of Labour & Employment, Govt. of India)

30-31 इंस्टिट्यूशनल एरिया जनकपुरी, नई दिल्ली -110 058

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No. 13/05/2011-12/NATRSS/4500

Dated the: 16.11.2011

To

All Participants

Subject:- Training Programme on Team Building and Crisis Management  
(Outbound Training) from 21<sup>st</sup> to 25<sup>th</sup> November, 2011.

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Dear Sir,

Enclosed please find herewith a tentative programme schedule for the above mentioned programme alongwith list of essential items for smooth and safe trip to the offsite location.

2. You are requested to come prepared to ensure fullest participation in all activities.

Yours faithfully,

(Encl: As above)

  
(Maneesh Agnihotri)  
Dy. Director (Trg.)/  
Course Director

**“TEAM BUILDING & CRISIS MANAGEMENT”**

**21-25 November 2011**

**Course Director: Shri Maneesh Agnihotri**

**Faculty: Mrs. Shalini Sharma**

<b>Date</b>	<b>Session (Time)</b>	<b>Topics</b>
<b>21.11.2011</b>	0930-1000	Registration of participants
	1000-1100	Inagural Address
	1100-1130	Tea Break
	1130-1300	Orientation Session
	1400-1500	Orientation Sessions
	1500-1700	Free Time for Preparatory activities.
<b>22.11.2011</b>	0500	<b>DEPARTURE FROM DELHI</b>
	1300	Arrival at <b>PARK WOODS, SHOGHI</b>
	1300-1330	Tent Allocation & Briefing
	1330-1530	Lunch and Rest
	1530-1700	Team Building Games
	1700-1730	Tea
	1730-1930	Night Trek
	2000-2130	Bonfire & Dinner
<b>23.11.2011</b>	0600-0630	Wakeup Call & Tea
	0630-0730	Meditation
	0830-0930	Breakfast
	0930-1130	Navigational Survival Trek
	1200-1300	Picnic Lunch at the meadows
	1330-1500	Team Building Games
	1600-1630	Tea
	1630-1830	Tyre Web/Rope Walk/Tug of War
	1830-1930	Leisure Time
	1930-2030	Bonfire & Dinner
<b>24.11.2011</b>	0600-0630	Wakeup Call & Tea
	0630-0730	Meditation
	0800-0900	Breakfast
	0900-1100	Rappelling/Burma Bridge/ Commando Net
	1100-1130	Programme Closure
	1130-1200	Prepare for Departure
	1200-1230	Lunch
	1300	<b>DEPARTURE FROM CAMP FOR NEW DELHI</b>
<b>25.11.2011</b>		Feedback & Suggestions
		Valediction

## **LIST OF ESSENTIALS FOR OFFSITE PROGRAMME**

 TROUSERS/PANTS/JEANS

 WOOLLENS/JACKETS

 T-SHIRTS/SWEAT SHIRTS

 TOWELS

 SHOES FOR TREKKING/WALKING

 TORCH WITH BATTERIES

 TOILETRIES

 MEDICINES (as per specific requirement of participants)

 CAMERA (optional)

**PLEASE DO NOT CARRY ANY EXPENSIVE ITEMS OR JEWELLARY  
WITH YOU**