

पंडित दीनदयाल उपाध्याय राष्ट्रीय सामाजिक सुरक्षा अकादमी
PANDIT DEENDAYAL UPADHYAYA NATIONAL ACADEMY OF SOCIAL SECURITY



कर्मचारी भविष्य निधि संगठन –श्रम एवं रोज़गार मंत्रालय भारत सरकार
Employees' Provident Fund Organisation (Ministry of Labour&Employment, Govt. of India)
30-31, इंस्टीट्यूशनल एरिया, जनकपुरी, नई दिल्ली 110 058
30-31, Institutional Area, Janak Puri, New Delhi-110058
दूरभाष-41068650 फ़ैक्स-28525987
Phone: 011-28520468 (After office Hours/Holidays)
Email: natrss@epfindia.gov.in

No: 13/70/2022-23/PDNASS/

Dated: 31.01.2023

To

The Zonal Addl. CPFCs/Addl. CPFC (ASD)
The RPFCS I/C Regional Offices (As per list of participants)

Subject: Online Training programme on "Stress Management & Work Life Balance" to be held on 01-02 February, 2023– regarding.

Sir,

Pandit Deendayal Upadhyaya National Academy of Social Security (PDNASS) is conducting an Online Training programme on "Stress Management & Work Life Balance" to be held on 01-02 February, 2023.

- The list of participants for the above mentioned training programme is enclosed herewith. Due care has been taken while nominating officers for the above Training Programme. However, in case there is any misidentification in any officer's data, same may please be brought to the notice of undersigned by the concerned officer/ office for rectification.
- All the concerned OICs are, therefore, requested to ensure providing of the necessary infrastructure/ facilities at the office premises to enable the nominated officers.
- However, if any officer or official not mentioned in the enclosed list is interested to attend the training, they can do so by issuing the link provided to the ZOs/ZTIs/ASD in the email dated 31st January, 2023 at 4.21 PM.

Yours faithfully,

Encls: List of Participants

(Gaurav Srivastava)
RPFCS –II (Course Director)

**Training Programme on
Stress Management & Work Life Balance
01-02 February,2023**

S.No.	Name of Officer	Designation	Office of Posting
1	Shri S.B.Kumar	RPFC-I	RO,Jamshedpur
2	Shri Ashok Kumar	RPFC-I	RO,Gurugram (East)
3	Shri. A P Unnikrishnan	RPFC-I	RO Mangaluru
4	Shri Vipin Kumar Sharma	RPFC-I	RO,Bandra
5	Shri Vishal Agarwal	RPFC-I	RO,Patancheru
6	Vijay Kumar Prasad	RPFC-I	RO,Visakhapatnam
7	Shri Shekhar Kumar	RPFC-I	RO,Nagpur
8	Shri Birendra Kumar	RPFC-I	RO,Kolhapur
9	Sh. Rakesh Kumar	RPFC-I	RO,Shimla
10	Shri Avinash Gandhi	RPFC-I	RO,Thane(S)
11	Shri Vijay Gautam	RPFC-II	RO,Gurugram (West)
12	Shri Uday Gupta	RPFC-II	RO,Faridabad
13	Shri Deepak Narwal	RPFC-II	RO,Karnal
14	Shri Shashi Kumar	RPFC-II	RO,Raichur
15	Rohit Sreekumar	RPFC-II	RO,Kochi
16	Shri Rakesh Nayak	RPFC-II	RO,Kota
17	Smt. D G K Paavane	RPFC-II	RO,Hyderabad-I
18	Shri Mohammed Fasi Uddin	RPFC-II	RO,Hyderabad-II
19	Shri Venkateswarlu Kaluvai	RPFC-II	RO,Kukatpally
20	Shri Harish Yadav	RPFC-II	RO,Noida
21	Shri Pavan Kumar Jasti	RPFC-II	RO,Visakhapatnam
22	Shri Manoj Shankar	RPFC-II	RO,Kadapa
23	Shri K K B Yadav	RPFC-II	RO,Tumkur
24	Vinay Kumar	RPFC-II	RO,Bhopal
25	Mukesh Singh Rawat	RPFC-II	RO,Indore
26	Shri Abhishek Gupta	RPFC-II	Vatwa
27	Shri Prashant Priyadarshi	RPFC-II	Ahmedabad
28	Shri Bindu Bhushan	RPFC-II	Vadodara
29	Shri Hariom Jaiswal	RPFC-II	Vapi
30	Shri Kumar Abhishek	RPFC-II	RO,Agra
31	Shri Maruti Nandan Tripathi	RPFC-II	RO,Lucknow

32	Shri Harish Yadav	RPFC-II	RO,Noida
33	Shri Pawan Kumar Singh	RPFC-II	RO,Varanasi
34	Krishna Kumar Ray	RPFC-II	RO,Darjeeling
35	P. Manoj Prabhu	RPFC-II	RO,Port Blair
36	Shashank Shekhar	RPFC-II	SSO,Gangtok
37	Rakesh Kumar Sinha	RPFC-II	DO,Midnapore
38	Sharique Tanwir	RPFC-II	RO,Howrah
39	Abhijeet	RPFC-II	RO,Barrackpore
40	Sudhir Ranjan	RPFC-II	RO,Durgapur
41	Asutosh	RPFC-II	RO,Siliguri
42	Suraj Gupta	RPFC-II	RO,Park Street
43	Shri Anoop Katiyar	RPFC-II	RO,Kanpur
44	Ebin Viswanath V	RPFC-II	RO,Kannur
45	Shailesh Kumar	RPFC-II	RO,Berhampore
46	Shri Ajay Kumar Yadav	RCFC- II	RO,Udaipur
47	Shri Narender Kumar	APFC	RO,Rohtak
48	Shri Sunil P	APFC	RO,Kochi
49	Shri P Rama Subbaiah	APFC	RO,Hyderabad-II
50	Shri Aniket Anil Ambekar	APFC	RO,R R Nagar
51	Shri J V S S Kumar	APFC	RO,Bengaluru(Malleswaram)
52	Sunil Kumar	APFC	RO,Raipur
53	Kanta Devi Motwani	APFC	RO,Jabalpur
54	D Raj Kumar	APFC	RO,Ambattu
55	Sudha Vanamali	APFC	RO,Chennai(South)
56	L Mangayarkarasi	APFC	RO,Chennai(North)
57	KS Natarajan	APFC	RO,Vellore
58	Shri Dharendra Kumar Bharat Singh Meena	APFC	Bharuch
59	Shri Akshya Bhargava	APFC	RO,Allahabad
60	Shri Debashis Chand	APFC	RO,Powai
61	Sh. Anil Kumar	APFC	RO,Bhatinda
62	Ms. Namrata Patil	APFC	RO,Chandigarh
63	Shri Sandeep Kumar	APFC	RO,Agra
64	Shri Gyanendra Kumar	APFC	RO,Lucknow
65	Shri Mukesh Gupta	APFC	RO,Meerut