

**List of selected Advocates in Panel of EPFO, UP Zone for the block year 2019-21**

Sl. No.	Name of Advocate (S/Sh./Mrs . Km.)	Address	Contact No., E-mail, Bar Council Enrolment No. & PAN	Selected for the Court
1	Brijesh Kumar Singh	SJ-10/401, Sugam Vihar, Kalindi Puram, Allahabad-211011	Mob. 9450781434 bksingh889@gmail.com UP/772/1997 Dated 23/11/1996 PAN: EVAPS1197B	High Court, Allahabad Bench
2	Saroj Kumar Yadav	H. No. 669, Baghambari Gaddi, Allahpur, Allahabad-211007	Mob:9935542230, 9415855554 Yadavsaroj.24@gmail.com UP/10443/2000 Dated 26/05/2000 PAN: AAZPY1922G	High Court, Allahabad Bench
3	Sanjay Singh	3/18, Jagpat Nagar, Sulem Sarai, Allahabad-211002	Mob: 9452670768, 935831132 sanjaysinghadvhc@gmail.com UP/17184/1999 Dated 26/08/1999 PAN: ASFPS0693A	High Court, Allahabad Bench
4	Satyajit Mukerji	91, Jawahar Lal Nehru Road, Allahabad-211006	Mob: 9839740670, 0532-2502895 sayajitm1971@rediffmail.com UP/3291/1995 Dated 30/04/1995 PAN: AEOPM8299K	1. High Court, Allahabad Bench 2. CAT, Allahabad Bench
5	Brahmdeo Dwivedi	20/1,Gyan Asso. Road, George Town, Allahabad	Mob: 9415202836 brahmdeo@live.com UP/5110/2000 Dated 23/04/2000 PAN: AFNPD1213J	1. High Court, Allahabad Bench 2. NCLT, Allahabad 3. CGIT, Lucknow 4. CGIT, Kanpur
6	Jagdish Pathak	276/89/28, Muir Road, Allahabad-211001	Mob: 9415215337, 9936322444 jagdishpathakadv@gmail.com UP/8158/1999 Dated 26/08/2000 PAN: AILPP5614Q	1. High Court, Allahabad Bench 2. NCLT, Allahabad
7	Udit Chandra	9, Drummond Road, Prayagraj-211001	Mob:9792935111, 9415214084 officeofuditichandra@gmail.com UP/3612/2009 Dated 05/07/2009 PAN: ANNPC2141A	High Court, Allahabad Bench

8	Rahul Mishra	B-306, Ambedkar Vihar, Chauphatka, Allahabad	Mob:9415363281	High Court, Allahabad Bench
			<a href="mailto:rahulhcadv@gmail.com">rahulhcadv@gmail.com</a>	
			UP/13284/1999 Dated 12.071999	
			AJBPM0129L	
9	Sachindra Upadhyay	145/56, J. L. Nehru Road, Allahabad- 211002	Mob: 9335491912	1. High Court, Allahabad Bench 2. CGIT, Kanpur
			<a href="mailto:shreyrishi@gmail.com">shreyrishi@gmail.com</a>	
			UP/9110/04 Dated 23.05.1995/12.12.2004	
			PAN: AABPU9942L	
10	Bareshwar Chatruvedi	Flat No. 202, First Floor, Sangam View Apartment (Near Sangam Petrol Pump, C.Y., Chintamani Road George Twon, Allahabad- 211001	Mob: 9415251305, 9792397777	High Court, Allahabad Bench
			<a href="mailto:Bareshwar_bc@yahoo.com">Bareshwar_bc@yahoo.com</a>	
			UP/12901/1999 Dated 10/07/1999	
			PAN: AFEPC4241E	
11	Nishant Mehrotra	34, Tashkand Marg, Civil Lines, Allahabad- 211001	Mob: 9415235966	High Court, Allahabad Bench
			<a href="mailto:legal.icon2006@gmail.com">legal.icon2006@gmail.com</a>	
			UP/4035/2004 Dated 16/07/2004	
			PAN: AQDPM2809A	
12	Manish Jaiswal	337/180, Himmat Ganj, Allahabad- 211016	Mob:9415279111	1. High Court, Allahabad Bench 2. NCLT, Allahabad 3. Civil Court, Allahabad 4. Consumer Forum, Allahabad
			<a href="mailto:manishjaiswaladvocate@gmail.com">manishjaiswaladvocate@gmail.com</a>	
			UP/1346/2007 Dated 10.02.2007	
			PAN: ACCPJ6355M	
13	Kamlesh Kumar Gangwar	28 A/2B, Allapur, Allahabad	Mob.: 9451181564	High Court, Allahabad Bench
			<a href="mailto:kkadvocate2000@gmail.com">kkadvocate2000@gmail.com</a>	
			UP/17813/1999 Dated 22.10.1999	
			PAN: AOFPK2742C	

14	Hari Prakash	Katka, Jhunsi, Allahabad- 211019	Mob.: 9918181817, 9453772273	1. High Court, Allahabad Bench 2. NCLT, Allahabad 3. District Court, Allahabad 4. Consumer Court, Allahabad 5. District Court, Pratapgarh 6. SCDRC, Lucknow 7. CGIT, Lucknow 8. CGIT, Kanpur
			adv.hariprakash@gmail.com	
			UP/431/2001 Dated 12.02.2001	
			PAN: AKBPP6994K	
15	Anurudhha Chaturvedi	25, Tula Ram Bagh, Allahabad- 211006	Mob: 8953952010	High Court, Allahabad Bench
			shreyanshanuj@gmail.com	
			UP/1250/1995 Dated 15/03/1999	
			PAN: AFZPC8297D	
16	Kartikeya Saran	348-B/117, Ashok Nagar, Allahabad- 211001	Mob.: 9648554788	High Court, Allahabad Bench
			e-mail: kartikeya.saran@gmail.com	
			UP/03388/2009	
			PAN: -	
17	Ashish Jaiswal	930, Mutthiganj, Prayagraj- 211003	9415614568	High Court, Allahabad Bench
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			UP/10193/2000 Dated 24.08.2000	
			AHPPJ1663E	
18	Gopal Chandra Saxena	15, Kanpur Road, Near Lal Girja, Allahabad- 211001	Mob: 9415284842	High Court, Allahabad Bench
			gopal.200511@gmail.com	
			UP/3501/1990 Dated 08/09/1990	
			PAN: ANIPS8165K	
19	Sunil Kumar Gupta	H. No. 222 P/2P/3, Chakniratul, Raja Jagmal ka Hata, Prayagraj (Allahabad)- 211011	Mob: 9236085906	1. High Court, Allahabad Bench 2. NCLT, Allahabad
			sunilkumargupta686@gmail.com	
			UP/8446/1999 Dated 18/05/1999	
			PAN: ARJPG9326K	
20	Manas Bhargav	709/545, Mumfordganj , Allahabad- 211002	Mob: 9415289145, 9935248662	High Court, Allahabad Bench
			Manasbhargava123@gmail.com	
			UP/7675/2003 Dated 09/08/2003	
			PAN: ACVPB2653D	

21	Amit Kumar Singh	H. No. 4/5, Plot No. 4/12, Circular Road, George Twon, Allahabad- 211001	Mob: 9415235565	High Court, Allahabad Bench
			<a href="mailto:amitksingh11@yahoo.co.in">amitksingh11@yahoo.co.in</a>	
			UP/4365/2002 Dated 13/07/2002	
			PAN: AXTPS0926R	
22	Rajesh Kumar Verma	631/453, Patel Nagar Yojna, Sector-8, Indira Nagar, Lucknow- 226016	Mob: 9335953176	1. High Court, Lucknow Bench 2. CGIT, Lucknow
			<a href="mailto:rkvermaadvlko@gmail.com">rkvermaadvlko@gmail.com</a>	
			UP/2739/1990 Dated 08/07/1990	
			PAN: ACAPV4469J	
23	Anand Bhargav	2/331, Vishwas Khand, Gomti Nagar, Lucknow- 226010	Mob: 9532117300	1. SCDRC, Lucknow 2. DCDRF, Lucknow
			<a href="mailto:anandbhargav1983@gmail.com">anandbhargav1983@gmail.com</a>	
			UP/3062/2006 Dated 09/07/2006	
			PAN: AQBPB7544H	
24	Niteesh Kumar	11-A/15, Vrindavan Yojna, Raebareilly Road, Lucknow- 226029	Mob: 9452781061, 8921463928	1. High Court, Lucknow Bench 2. SCDRC, Lucknow 3. CAT, Lucknow
			<a href="mailto:niteeshkumar1984@yahoo.in">niteeshkumar1984@yahoo.in</a>	
			UP/09164/2007 Dated 30.12.2007	
			PAN: CEPPK4249Q	
25	Akhilesh Pratap Singh	Plot No. 11/111, Gitapuri, Gomti Nagar, Lucknow	Mob: 9336621550, 9450654895	1. High Court, Lucknow Bench 2. CGIT, Lucknow
			<a href="mailto:adv.akhileshchauhan@gmail.com">adv.akhileshchauhan@gmail.com</a>	
			UP/2398/2000 Dated 01.03.2000	
			PAN: BKTPS5770F	
26	Krisha Kumar Pandey	539K/36, Sheikhpur Kasaila, Narayan Nagar, Indira Nagar, Lucknow- 226016	Mob: 9415581700	(1)High Court, Lucknow Bench (2) SCDRC, Lucknow (3) CGIT, Lucknow (4) District Court/Civil Court/ Subordinate Court, Lucknow (5) District Court/Civil Court/ Subordinate Court, Barabanki (6) District Court/Civil Court/ Subordinate Court, Sitapur (7) DCDRF, Lucknow (8) DCDRF, Barabanki (9) DCDRF, Sitapur
			<a href="mailto:advkkpandey@gmail.com">advkkpandey@gmail.com</a>	
			UP/18297/1999 Dated 11.12.1999	
			PAN: AIZPP7062Q	

27	Satyajeet Singh	6/738, Janki Puram Vistar, Lucknow-226031	Mob: 8565815358	<ol style="list-style-type: none"> <li>1. High Court, Lucknow Bench</li> <li>2. SCDRC, Lucknow</li> <li>3. Civil Court, Lucknow</li> <li>4. Consumer Forum, Lucknow</li> </ol>
			<a href="mailto:satyajeetsing@gmail.com">satyajeetsing@gmail.com</a>	
			UP/5787/2005 Dated 13.10.2005	
			BJZPS2740G	
28	Surya Kumar	2/401, Viraj Khand, Gomti Nagar, Lucknow-226010	Mob:9839863707	<ol style="list-style-type: none"> <li>1. High Court, Lucknow Bench</li> <li>2. SCDRC, Lucknow</li> </ol>
			e-mail: <a href="mailto:advocatesuryakumar@gmail.com">advocatesuryakumar@gmail.com</a>	
			UP/12903/1999 Dated 10.07.1999	
			PAN: CLPPK8722H	
29	Asheesh Agnihotri	494/202, Sarai Hasanganj, P.O., Nirala Nagar, Lucknow-226020	Mob: 9839130375, 9450359409	<ol style="list-style-type: none"> <li>1. High Court, Lucknow Bench</li> <li>2. SCDRC, Lucknow</li> <li>3. CGIT, Lucknow</li> </ol>
			<a href="mailto:ashishkragnihotri@gmail.com">ashishkragnihotri@gmail.com</a>	
			UP/1556/2000 Dated 19/02/2000	
			PAN: ADOPA0790J	
30	Ms. Rekha Kumari Rawat	40, Private Paper Mills Collony, Lucknow	Mob: 8009977501	District Court, Lucknow
			<a href="mailto:rekharawat034@gmail.com">rekharawat034@gmail.com</a>	
			UP/03265/2005 Dated 03.07.2005	
			PAN: APYPR8681P	
31	Surya Mani Singh	Sadga Maya, 26- Shankar Puri Colony, Kamta Chinhath, Lucknow-226628	Mob: 9415121472, 8896960415	<ol style="list-style-type: none"> <li>1. High Court, Lucknow Bench</li> <li>2. SCDRC, Lucknow</li> </ol>
			<a href="mailto:smroyekwaradvocate@gmail.com">smroyekwaradvocate@gmail.com</a>	
			UP/07446/2003 Dated 09.08.2003	
			PAN: AIDPR8436N	
32	Kashi Nath Shukla	176, Rajendra Nagar, Lucknow-226004	Mob.: 9415768612	<ol style="list-style-type: none"> <li>1. SCDRC, Lucknow</li> <li>2. Consumer Forum</li> <li>3. District Court, Lucknow</li> </ol>
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			UP/3998/1985 Dated 31/10/1985	
			PAN: CDHPS1401H	
33	Salik Ram Yadav	C-2099/7, Indira Nagar, Lucknow-226016	Mob: 9415766415, 809021723	<ol style="list-style-type: none"> <li>1. High Court, Lucknow Bench</li> <li>2. CGIT, Lucknow</li> </ol>
			<a href="mailto:salikvandana13@gmail.com">salikvandana13@gmail.com</a>	
			UP/8196/1999 Dated 12/02/2005 (Duplicate)	
			PAN: ACCPY8413H	
34	Ajit Kumar Dwivedi	B/87-A, Nirala Nagar, Lucknow-226020	Mob: 9935012000	<ol style="list-style-type: none"> <li>1. High Court, Lucknow Bench</li> <li>2. SCDRC, Lucknow</li> <li>3. CGIT, Lucknow</li> <li>4. Civil Court, Lucknow</li> </ol>
			<a href="mailto:ajitanshu.dwd@gmail.com">ajitanshu.dwd@gmail.com</a>	
			UP/4643/2003 Dated 12/03/2003	
			PAN: AFHPD2514G	

35	Shallendra Srivastava	D-3119, Indira Nagar, Lucknow- 226016	Mob: 9415108387, 9236080877	1. High Court, Lucknow Bench 2. CGIT, Lucknow
			<a href="mailto:chintransh_shailendra@rediffmail.com">chintransh_shailendra@rediffmail.com</a>	
			UP/8455/2002 Dated 19/10/2002	
			PAN: AZHPS7413B	
36	Deep Shikha	12/500, Indira Nagar, Lucknow- 226016	Mob.: 9889583933	High Court, Lucknow Bench
			<a href="mailto:deepshikhaspv@gmail.com">deepshikhaspv@gmail.com</a>	
			UP/2236/1991 Dated 29/06/1991	
			PAN: ANBPS5683H	
37	Shuchita Singh	3/223, Vijyant Khand, Gomti Nagar, Lucknow- 226010	9452017004, 7905580411	1. High Court, Lucknow Bench 2. SCDRC, Lucknow 3. CGIT, Lucknow
			<a href="mailto:lawyersuchita@gmail.com">lawyersuchita@gmail.com</a>	
			UP/10250/2003 Dated 18/10/2003	
			CAEPS9746P	
			<a href="mailto:brahmdeo@live.com">brahmdeo@live.com</a>	
			UP/5110/2000 Dated 23/04/2000	
			PAN: AFNPD1213J	
			<a href="mailto:adv.hariprakash@gmail.com">adv.hariprakash@gmail.com</a>	
			UP/431/2001 Dated 12.02.2001	
			PAN: AKBPP6994K	
38	Jagdish Narain Srivastava	H. No. 11/326, Souterganj, Kanpur- 208001	9415133594, 6387078451	1. CGIT, Lucknow 2. CGIT, Kanpur
			<a href="mailto:jns020246@gmail.com">jns020246@gmail.com</a>	
			UP/3529/2006 Dated 18.08.2006	
			AFTPS8704F	
39	Ashish Kumar Shukla	Flat No. 703, Tower-4, Coral, NRI Heights, NRI City, Nawabganj, Kanpur- 208002	9839613883	1. CGIT, Lucknow 2. CGIT, Kanpur
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			UP/1420/2004 Dated 29.02.2004	
			BTTPS1893N	
40	Ram Sahai Srivastava	1/104, Ambedkar Puram, Awas Vikas-3, Kalyanpur, Kanpur- 208017	Mob. 9838239127	1. CGIT, Kanpur 2. District/Lower Court, Kanpur 3. Consumer Forum, Kanpur
			<a href="mailto:Klata712@gmail.com">Klata712@gmail.com</a>	
			UP/1806/1976 Dated 11/05/1976	
			PAN: BEXPS7727C	
			<a href="mailto:ginni.ashish@gmail.com">ginni.ashish@gmail.com</a>	
			UP/1420/2004 Dated 29.02.2004	
			BTTPS1893N	

41	Ramesh Kumar Tiwari	H. No. C-1-B, Railway Colony, Nirala Nagar, Juhi, Kanpur-208014	Mob: 8738948005, 7668658805	1. CGIT, Kanpur 2. DCDRF, Kanpur 3. Civil Court, Kanpur 4. Labour Court, Kanpur
			<a href="mailto:rktiwariadvocate@gmail.com">rktiwariadvocate@gmail.com</a>	
			UP/3348/1996 Dated 30/03/1996	
			PAN: AGZPT7101J	
42	Shyam Narayan Shukla	12/95, Laxmi Nagar, Mishra Colony, Ganga Ghat, Unnao	Mob: 9415053913, 9336077922	1. CGIT, Kanpur 2. District Court, Kanpur 3. DCDRF, Kanpur
			<a href="mailto:advocatesn@gmail.com">advocatesn@gmail.com</a>	
			UP/3662/1994 Dated 31.07.1994	
			PAN: ASQPS2589A	
43	Rajesh Kumar Pandey	1413, United Nagar, Maswanpur, Kanpur	9450152566	1. Civil Court, Kanpur 2. Consumer Forum, Kanpur
			<a href="mailto:rajesh181171@gmail.com">rajesh181171@gmail.com</a>	
			UP/216/1998 Dated 22.01.1998	
			AKAPP0871A	
44	Kripa Narain Srivastava	104/315, Sisamau, Bada Chauraha, Kanpur-208012	9450344541	1. Civil Court, Kanpur 2. Consumer Forum, Kanpur
			<a href="mailto:advkripa57@gmail.com">advkripa57@gmail.com</a>	
			UP/2391/1990 Dated 10.06.1990	
			DXDPS3480R	
			<a href="mailto:jns020246@gmail.com">jns020246@gmail.com</a>	
			UP/3529/2006 Dated 18.08.2006	
AFTPS8704F				
45	Gurvinder Singh	H. No. 521-A, Safipur, Harjinder Nagar, Kanpur Nagar-208001	Mob.: 9696704706	Civil Court, Kanpur
			<a href="mailto:advocate3676@gmail.com">advocate3676@gmail.com</a>	
			UP/3676/2005 Dated 07.07.2005	
			PAN: AYLPS4141D	
46	Sampurna Nand Tiwari	D-109, Divya Nagar, Gorakhpur-273001	Mob:9936066976	DCDRF and all Lower Courts, District Sant Kabir Nagar
			<a href="mailto:sampoo1973@gmail.com">sampoo1973@gmail.com</a>	
			UP/3809/1998 Dated 28.10.1998	
			PAN: AGSPT9617L	
47	Brahmdeo Singh	Vill- Bidanpur, Post-Belghat, Distt. Gorakhpur-273001	Mob: 9453308919, 8545942401	1. DCDRF, Gorakhpur 2. PLA, Gorakhpur
			<a href="mailto:singhbrahmdev@rediffmail.com">singhbrahmdev@rediffmail.com</a>	
			UP/5560/2003 Dated 08.06.2003	
			PAN: BAEPS8405A	

48	Satyendra Singh	11, 1 <sup>st</sup> Floor, St. Andrew Inter Collage, Gorakhpur- 273001	Mob: 9935521290	DCDRF, Lower Court and District Court of all 12 Districts of RO Gorakhpur
			<a href="mailto:singh.adv001@gmail.com">singh.adv001@gmail.com</a>	
			UP/2687/2004	
			PAN: AXGPS8597K	
49	Sanjay Mohan Tripathi	H. No. 28/29, Lalitapurm Colony, Gorakhnath, Gorakhpur- 273015	Mob:9451958361, 9839866586, 9839601977	CDRF, Lower Court and District Court of all 12 Districts of RO Gorakhpur
			<a href="mailto:sanjaymohan08@yahoo.com">sanjaymohan08@yahoo.com</a>	
			UP/52/1998 Dated 07.01.1998	
			PAN: AFQPT5190M	
50	Prabha Shankar Shukla	Vill- Jauraupur, Gyanpur, District- Bhadohi- 22139	Mob: 7084095512	District Court, Bhadohi
			<a href="mailto:Riteshshukla928@gmail.com">Riteshshukla928@gmail.com</a>	
			UP/5038/2002 Dated 20/07/2002	
			PAN: BAVPS5346B	
51	Anand Kumar	W-14, Western Bazar, Parmar Katra Mughalsarai- 232101	Mob: 9580046657	Civil Court, Chandauli
			Not mentioned	
			UP/117/2003 Dated 27/01/2003	
			PAN: AWOPK4350R	
52	Atma Prakash	S-25/265 K- 12, Vrindavan Nagar Colony, Sarsauli, Bhojubir, Varanasi- 221002	Mob: 9451277601	1. District Court, Varanasi 2. Consumer Forum, Varanasi
			<a href="mailto:2010prakash@gmail.com">2010prakash@gmail.com</a>	
			UP/6805/2004 Dated 11/09/2004	
			PAN: AWRPP0155G	
53	Hemlata	Plot No. 37/1, Janak Nagar Colony, Panchkoshi Road, Sarnath, Varanasi- 221007	Mob: 9005605641	District Court, Varanasi
			<a href="mailto:rsritesh958@gmail.com">rsritesh958@gmail.com</a>	
			UP/25301992 Dated 19/04/1992	
			PAN: AFMPH0028J	